



2024 May Life Enrichment Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 <p>Jane B. 5/1 Beth D. 5/15 Joe R. 5/31</p>				
<p>10:30 Morning Gathering 10:45 Sunday Service Live Stream 5 11:00 Our Lady of Angels Communion 1:30 <i>Weekend Walking Crew</i> 2:00 Cinco de Mayo Bingo 2:10 <i>Watch Live: Red Sox vs Twins</i> 2:30 <i>Manicures & Hand Massages</i> 3:00 Margarita Mocktails Social Hour 4:00 Gratitude Chats 6:00 Reminisce & Relaxation</p>	<p>10:15 Morning Gathering 10:30 Monday Mobility 11:00 Community Room Resident Relay 6 1:30 <i>Courtyard Trivia</i> 2:30 Live Entertainment: <i>"Jamming with Gina"</i> 3:00 <i>On This Day: National Nurses Day</i> 3:30 Mocktails & Memories Social 4:00 <i>Stretch & Meditation Moments</i> 6:00 <i>I Love Lucy Comedy Hour</i></p>	<p>10:15 Morning Gathering 10:30 Live Entertainment: <i>"Musical Mornings with Bill"</i> 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:30 Colorful Creations: <i>"Spring Bird Nests"</i> 3:00 <i>Virtual Concert Series</i> 3:30 Freshly Baked Cookie Cart 4:00 <i>Classic Board Games</i> 6:00 <i>Timeless Tunes</i></p>	<p>10:15 Morning Gathering 10:30 Yoga with Suzanne 1 11:30 Daily News & Chronicle 1:30 <i>Community Walking Group</i> 2:30 Live Entertainment: <i>"Fiddle and Fun with Frank"</i> 3:00 <i>Card Player's Club</i> 3:30 Chef's Choice Appetizers 4:00 <i>Bridges Sports Club</i> 6:00 <i>Wacky Word Games</i></p>	<p>10:15 Morning Gathering 10:30 Chaboom Chair Fitness 2 11:30 Daily News & Chronicle 1:30 <i>Courtyard Lawn Games</i> 2:30 Colorful Creations: <i>"Derby Day Hats & Ties"</i> 3:00 <i>Mindful Mandalas</i> 3:30 Bridges Soda Shoppe Social 4:00 <i>Themed Bingo Hour</i> 6:00 <i>Short Story Hour</i></p>	<p>10:15 Morning Gathering 10:30 Live Entertainment: <i>"Easy Listening with Eddie"</i> 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:00 Cinco De Mayo Friday Fiesta 3 2:30 <i>Flashback Friday: Apollo 11</i> 3:00 Lifeloop Explorations: Trivia 4:00 <i>Weekly Wrap-up Chat</i> 6:00 <i>Friday Night Netflix</i></p>	<p>10:30 Morning Gathering 11:00 Saturday Stretch 4 11:30 Daily News & Chronicle 2:00 Bridges Sports Club: <i>"Horse Racing"</i> 2:30 <i>Golden Oldies Sing Along</i> 3:00 Derby Day Social 4:00 <i>Tea & Trivia Hour</i> 6:00 <i>Musical Movie Night</i> 6:45 <i>Watch Live:</i> <i>The 150th Kentucky Derby</i></p>
<p>10:30 Morning Gathering 10:45 Sunday Service Live Stream 5 12:00 Mother's Day Bubbles & Lunch 1:30 Mother's Day Bingo 1:35 <i>Watch Live: Red Sox vs Nationals</i> 2:30 Live Entertainment: <i>"Paul & Kelsey Perform"</i> 3:00 <i>Manicures & Hand Massages</i> 3:30 Mother's Day Mocktails Social 4:00 Gratitude Chats</p>	<p>10:15 Morning Gathering 10:30 Monday Mobility 11:00 Community Room Resident Relay 6 1:30 <i>Courtyard Trivia</i> 2:00 Mental Exercise Monday: <i>"Lifeloop Brain Games"</i> 2:30 <i>On This Day: Frog Jumping Day</i> 3:00 Mocktails & Memories 4:00 <i>Backyard Bird Watching</i> 6:00 <i>Stretch & Meditation Moments</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Seated Stretch Class 7 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:30 Live Entertainment: <i>"Musical Melodies with Mark"</i> 3:00 <i>Virtual Concert Series</i> 3:30 Freshly Baked Cookie Cart 4:00 <i>Classic Board Games</i> 6:00 <i>Timeless Tunes</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Yoga with Suzanne 8 11:30 Daily News & Chronicle 1:30 <i>Community Walking Group</i> 2:30 Golden Moments Pet Party 3:00 <i>Card Player's Club</i> 3:30 Chef's Choice Appetizers 4:00 <i>Bridges Sports Club</i> 6:00 <i>Wacky Word Games</i> 7:10 <i>Watch Live: Red Sox vs Braves</i></p>	<p>10:15 Morning Gathering 10:30 Cardio Drumming Session 9 11:30 Daily News & Chronicle 11:45 <i>Outing: Nelson Park Picnic</i> 1:30 <i>Courtyard Lawn Games</i> 2:30 Live Entertainment: <i>"Mark Davis on Piano"</i> 3:00 <i>Mindful Mandalas</i> 3:30 Bridges Soda Shoppe Social 4:00 <i>Themed Bingo Hour</i> 6:00 <i>Short Story Hour</i></p>	<p>10:15 Morning Gathering 10:30 Friday Fitness Group 10 1:30 <i>Flashback Friday: Fred Astaire</i> 2:00 Bridges Sports Club: <i>"Chair Volleyball"</i> 2:30 <i>Lifeloop Documentary Series</i> 3:00 Frozen Treat Friday Social 4:00 <i>Weekly Wrap-up Chat</i> 6:00 <i>Friday Night Netflix</i> 7:10 <i>Watch Live: Red Sox vs Nationals</i></p>	<p>10:30 Morning Gathering 11:00 Saturday Stretch 11 11:30 Daily News & Chronicle 1:00 <i>Bridges Book Club</i> 2:00 Backyard Birdwatchers Group 2:30 <i>Golden Oldies Sing Along</i> 3:00 Saturday Social Hour 4:00 <i>Tea & Trivia Hour</i> 6:00 <i>Musical Movie Night</i> 7:10 <i>Watch Live: Red Sox vs Nationals</i></p>
<p>10:30 Morning Gathering 10:45 Sunday Service Live Stream 12 12:00 Mother's Day Bubbles & Lunch 1:30 Mother's Day Bingo 1:35 <i>Watch Live: Red Sox vs Nationals</i> 2:30 Live Entertainment: <i>"Paul & Kelsey Perform"</i> 3:00 <i>Manicures & Hand Massages</i> 3:30 Mother's Day Mocktails Social 4:00 Gratitude Chats</p>	<p>10:15 Morning Gathering 10:30 Monday Mobility 11:00 Community Room Resident Relay 13 1:30 <i>Courtyard Trivia</i> 2:00 Mental Exercise Monday: <i>"Lifeloop Brain Games"</i> 2:30 <i>On This Day: Frog Jumping Day</i> 3:00 Mocktails & Memories 4:00 <i>Backyard Bird Watching</i> 6:00 <i>Stretch & Meditation Moments</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Seated Stretch Class 14 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:30 Live Entertainment: <i>"Musical Melodies with Mark"</i> 3:00 <i>Virtual Concert Series</i> 3:30 Freshly Baked Cookie Cart 4:00 <i>Classic Board Games</i> 6:00 <i>Timeless Tunes</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Yoga with Suzanne 15 11:30 Daily News & Chronicle 1:30 <i>Community Walking Group</i> 2:30 Golden Moments Pet Party 3:00 <i>Card Player's Club</i> 3:30 Chef's Choice Appetizers 4:00 <i>Bridges Sports Club</i> 6:00 <i>Wacky Word Games</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Chaboom Chair Fitness 16 11:30 Daily News & Chronicle 1:30 <i>Courtyard Lawn Games</i> 2:30 Ladies Teatime Gathering 3:00 <i>Mindful Mandalas</i> 3:30 Lifeloop Explorations: Trivia 4:00 <i>Themed Bingo Hour</i> 6:00 <i>Short Story Hour</i> 7:10 <i>Watch Live: Red Sox vs Rays</i></p>	<p>10:15 Morning Gathering 10:30 Live Entertainment: <i>"A Sentimental Journey with Deb"</i> 11:30 Daily News & Chronicle 1:30 <i>Flashback Friday: The Wizard of Oz</i> 2:00 Bridges Sports Club: <i>"Cornhole Competition"</i> 2:30 <i>Lifeloop Documentary Series</i> 3:00 Frozen Treat Friday Social 4:00 <i>Weekly Wrap-up Chat</i> 6:00 <i>Friday Night Netflix</i></p>	<p>10:30 Morning Gathering 11:00 Saturday Stretch 18 11:30 Daily News & Chronicle 1:00 <i>Bridges Book Club</i> 2:00 Bridges Theater: <i>"Field of Dreams"</i> 2:30 <i>Golden Oldies Sing Along</i> 3:00 Saturday Social Hour 4:00 <i>Tea & Trivia Hour</i> 6:00 <i>Musical Movie Night</i> 7:10 <i>Watch Live: Red Sox vs Cardinals</i></p>
<p>10:30 Morning Gathering 10:45 Sunday Service Live Stream 19 1:30 <i>Weekend Walking Crew</i> 2:00 Lifeloop Explorations: <i>"Community Bingo"</i> 2:30 <i>Manicures & Hand Massages</i> 3:00 Sunday Sangria Tasting 4:00 Gratitude Chats 6:00 Reminisce & Relaxation</p>	<p>10:15 Morning Gathering 10:30 Monday Mobility 11:00 Community Room Resident Relay 20 1:30 <i>Courtyard Trivia</i> 2:30 Live Entertainment: <i>"Rock 'n' Roll with Rick"</i> 3:00 <i>On This Day: Amelia Earhart Day</i> 3:30 Mocktails & Memories Social 4:00 <i>Backyard Bird Watching</i> 6:00 <i>Stretch & Meditation Moments</i></p>	<p>10:15 Morning Gathering 10:30 Seated Stretch Class 21 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:00 Live Entertainment: <i>"Candida Rose in Concert"</i> 2:30 <i>Virtual Concert Series</i> 3:30 Freshly Baked Cookie Cart 4:00 <i>Classic Board Games</i> 6:00 <i>Timeless Tunes</i></p>	<p>10:15 Morning Gathering 10:30 Yoga with Suzanne 22 11:30 Daily News & Chronicle 1:00 <i>Outing: Dairy Twist</i> 1:30 <i>Community Walking Group</i> 2:30 Guy's Golf Group 3:00 <i>Resident Council Meeting</i> 3:30 Chef's Choice Appetizers 4:00 <i>Bridges Sports Club</i> 6:00 <i>Wacky Word Games</i></p>	<p>10:15 Morning Gathering 10:30 Cardio Drumming Session 23 11:30 Daily News & Chronicle 1:30 <i>Ride for Alzheimer's</i> <i>Purple Bike Raffle Drawing</i> 2:30 Live Entertainment: <i>"Tom Madden Entertains"</i> 3:00 <i>Mindful Mandalas</i> 3:30 Bridges Soda Shoppe Social 4:00 <i>Themed Bingo Hour</i> 6:00 <i>Short Story Hour</i></p>	<p>10:15 Morning Gathering 10:30 Live Entertainment: <i>"Melodies with Mike"</i> 11:30 Daily News & Chronicle 1:30 <i>Flashback Friday: Bob Dylan</i> 2:00 Bridges Sports Club: <i>"10-Pin Bowling"</i> 2:30 <i>Lifeloop Documentary Series</i> 3:00 Frozen Treat Friday Social 4:00 <i>Weekly Wrap-up Chat</i> 6:00 <i>Friday Night Netflix</i></p>	<p>10:30 Morning Gathering 11:00 Live Entertainment: <i>"Tunes with Ted"</i> 11:30 Daily News & Chronicle 1:00 <i>Bridges Book Club</i> 2:00 Travel Club: "Egypt" 2:30 <i>Golden Oldies Sing Along</i> 3:00 Saturday Social Hour 4:00 <i>Tea & Trivia Hour</i> 6:00 <i>Musical Movie Night</i></p>
<p>10:30 Morning Gathering 10:45 Sunday Service Live Stream 26 1:30 <i>Weekend Walking Crew</i> 1:35 <i>Watch Live: Red Sox vs Brewers</i> 2:00 Lifeloop Explorations: <i>"Community Bingo"</i> 2:30 <i>Manicures & Hand Massages</i> 3:00 Sunday Sangria Tasting 4:00 Gratitude Chats 6:00 Reminisce & Relaxation</p>	<p>10:15 Morning Gathering 10:30 Monday Mobility 11:00 Community Room Resident Relay 27 1:30 <i>Memorial Day Trivia</i> 2:30 Live Entertainment: <i>"On the Guitar with Chris Carter"</i> 3:00 <i>On This Day: Memorial Day</i> 3:30 Stars & Stripes Spritzers Social 4:00 <i>Backyard Bird Watching</i> 6:00 <i>Stretch & Meditation Moments</i></p>	<p>10:15 Morning Gathering 10:30 Live Entertainment: <i>"Guitar Tunes with Tom Kennedy"</i> 11:30 Daily News & Chronicle 1:30 <i>Walking for Wellness</i> 2:30 Colorful Creations: <i>"Pressed Flower Coasters"</i> 3:00 <i>Virtual Concert Series</i> 3:30 Freshly Baked Cookie Cart 4:00 <i>Classic Board Games</i> 6:00 <i>Timeless Tunes</i></p>	<p>10:15 Morning Gathering 10:30 Yoga with Suzanne 29 11:30 Daily News & Chronicle 1:30 <i>Community Walking Group</i> 2:30 Bridges Prom Committee Meeting 3:00 <i>Card Player's Club</i> 3:30 Chef's Choice Appetizers 4:00 <i>Bridges Sports Club</i> 6:00 <i>Wacky Word Games</i></p>	<p>10:15 Morning Gathering 10:30 Cardio Drumming Session 30 11:05 <i>Outing: Hanover Bowl</i> 11:30 Daily News & Chronicle 1:30 <i>Courtyard Lawn Games</i> 2:30 Live Entertainment: <i>"The Terrific Tony Rocks"</i> 3:00 <i>Mindful Mandalas</i> 3:30 May Birthday Celebration 4:00 <i>Themed Bingo Hour</i> 6:00 <i>Short Story Hour</i></p>	<p>10:15 Morning Gathering 10:30 Friday Fitness Group 31 11:30 Daily News & Chronicle 1:30 <i>Flashback Friday: Joe Namath</i> 2:00 Bridges Sports Club: <i>"Floor Hockey"</i> 2:30 <i>Lifeloop Documentary Series</i> 3:00 Frozen Treat Friday Social 4:00 <i>Weekly Wrap-up Chat</i> 6:00 <i>Friday Night Netflix</i></p>	<p>10:30 Morning Gathering 11:00 Live Entertainment: <i>"Tunes with Ted"</i> 11:30 Daily News & Chronicle 1:00 <i>Bridges Book Club</i> 2:00 Travel Club: "Egypt" 2:30 <i>Golden Oldies Sing Along</i> 3:00 Saturday Social Hour 4:00 <i>Tea & Trivia Hour</i> 6:00 <i>Musical Movie Night</i></p>



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