

2022 December Life Enrichment Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Join us on Monday's for "Art Class with Mary"</p> 		<p>Veterans Coffee Hour 1st Wednesday of each month</p> 			
<p>10:00 Sunday Worship 4 10:30 Sunday Stretch 11:00 Songs of the Heart 1:45 Live Entertainment: "Paul & Kelsie Sing" 3:00 Fun and Table Games 3:30 Manicures & Hand Massages 4:00 Adult Coloring Group 6:00 Reminisce: "Time with Family"</p>	<p>9:30 Art Class with Mary 5 10:30 Move It Monday 11:00 iN2L Explorations: Bob Ross 1:45 Live Entertainment: "Tom Madden Performs" 3:00 Short Stories Session 3:30 Working with Watercolors 4:00 Golden Years Chair Yoga 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 6 10:30 Chaboom Chair Fitness 11:00 iN2L Explorations: "List It" 11:00 Music Therapy Session w/Sarah 1:30 Christmas Craft: "Festive Ornaments" 2:30 Fun and Table Games 3:30 Root Beer Float Social 4:30 Mindful Mandalas 6:00 Coffee and Chit Chat Hour</p>	<p>10:00 News and Chat 7 10:00 Veterans Coffee Hour 10:30 Wednesday Workout 11:00 Music Therapy Session: "Melody with Meryl" 1:30 Live Entertainment "Singing with Jennifer Mello" 3:00 "Clichés" Word Game 4:00 Fun and Table Games 6:00 Reading and Relaxation Hour</p>	<p>10:00 News and Chat 8 10:30 Sit and Be Fit Exercise 11:30 iN2L Explorations: "Word Games" 1:30 Live Entertainment: "Doug Robinson On the Piano" 2:30 Fun Table Games 3:30 Manicures & Hand Massages 4:00 Tabletop Bowling 6:00 Netflix Movie</p>	<p>10:00 News Scoop 2 10:30 Sit and Be Fit Exercise 10:30 Men's Cluster with Lori 1:30 Resident Council Meeting 2:30 Tree Trimming Hour 3:00 Adult Coloring Group 3:30 Do Drop In Social 4:00 Golden Years Chair Tai Chi 6:00 Tea and Talk Hour</p>	<p>9:00 iN2L: Live Jewish Service 3 10:30 Step to the Beat 11:30 iN2L Explorations: "Piggy Bankers" 1:30 Live Entertainment: "Lenny Performs" 3:00 Funny Jokes and Riddles 3:30 Fun and Table Games 4:00 Mindful Mandalas 6:00 Hallmark Movie</p>
<p>10:00 Sunday Worship 11 10:30 Sunday Stretch 11:00 Live Entertainment: "Songs of the Heart w/David W." 1:45 Live Performance: "Elite Dance Center" 3:00 What Do You Know? 3:30 Manicures & Hand Massages 4:00 Adult Coloring Group 6:00 Reminisce: "Holiday Shopping"</p>	<p>10:00 Current Events 12 10:30 Deb Block Presents: "Christmas Show" 11:00 iN2L Explorations: Art History 1:30 Art Class with Mary 2:30 Fun and Table Games 3:00 Christmas Bingo 4:00 Golden Years Chair Yoga 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 13 10:30 Live Entertainment: "Bill Burke Performs" 11:00 Music Therapy Session w/Sarah 1:30 Zumba Exercise Class 2:00 Fun and Table Games 2:30 Root Beer Float Social 3:30 "Last Word" 4:30 Mindful Mandalas 6:00 Reminisce: Days Gone By</p>	<p>10:00 News and Chat 14 10:30 Wednesday Workout 11:00 Tap to Be Fit Tap Class 11:00 Music Therapy Session: "Melody with Meryl" 11:30 iN2L Explorations: Travel Log 1:30 Magic Show with Stephen 3:00 Trivia Collection 4:00 Short Stories Session 6:00 Sing Along with Suzie Q</p>	<p>10:00 News and Chat 15 10:30 Sit and Be Fit Exercise 11:30 iN2L Explorations: "Would You Rather?" 1:30 Manicures & Hand Massages 2:30 What Do You Know? 3:30 Bridges at Westwood Holiday Party 4:00 Christmas Caroling Hour 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 16 10:30 Sit and Be Fit Exercise 10:30 Men's Cluster with Lori 1:30 Culinary Happenings: "Christmas Cookies" 2:30 Tabletop Bowling 3:30 Do Drop In Social 4:00 Golden Years Chair Tai Chi 6:00 Tea and Talk Hour</p>	<p>9:00 iN2L: Live Jewish Service 17 10:30 Step to the Beat 11:30 iN2L Explorations: "How Much Did it Cost?" 1:30 Live Entertainment: "Steve King Sings" 3:00 Manicures & Hand Massages 3:30 Fun and Table Games 4:00 Mindful Mandalas 6:00 Hallmark Movie</p>
<p>10:00 Sunday Worship 18 10:30 Sunday Stretch 11:00 Songs of the Heart 1:45 Live Entertainment: "Paul & Kelsie Sing" 3:00 Fun and Table Games 3:30 Manicures & Hand Massages 4:00 Adult Coloring Group 6:00 Reminisce: "Wrapping Gifts"</p>	<p>9:30 Art Class with Mary 19 10:30 Move It Monday 11:00 iN2L Trivia Collection 1:45 Live Entertainment: "Eddie Marando Plays Accordion" 3:00 What Do You Know? 3:30 Working with Watercolors 4:00 Golden Years Chair Yoga 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 20 10:30 Chaboom Chair Fitness 11:00 iN2L Explorations: "List It" 11:00 Music Therapy Session w/Sarah 1:30 Zumba Exercise Class 2:00 Manicures & Hand Massages 3:00 Root Beer Float Social 3:30 Reminisce: "The Good Old Days" 4:30 Working with Watercolors 6:00 Coffee and Chit Chat Hour</p>	<p>10:00 News and Chat 21 10:30 Wednesday Workout 11:00 Music Therapy Session: "Melody with Meryl" 11:30 iN2L Explorations: Live Web Cam 1:30 Live Entertainment: "Jack Glennon Performs" 3:00 iN2L Trivia Collection 4:00 "Clichés" Word Game 6:00 Reading and Relaxation Hour</p>	<p>10:00 News and Chat 22 10:30 Sit and Be Fit Exercise 11:30 iN2L Explorations: "How Much Did it Cost?" 1:30 Live Entertainment: "Tom Bruhl Performs" 3:00 "Clichés" Word Game 3:30 Manicures & Hand Massages 4:00 Tabletop Bowling 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 23 10:30 Sit and Be Fit Exercise 10:30 Men's Cluster with Lori 1:30 Live Entertainment: "Holly Summers Sings" 2:30 Short Stories Session 3:00 iN2L: Trivia Collection 4:00 Golden Years Chair Tai Chi 6:00 America's Funnies Home Videos</p>	<p>9:00 iN2L: Live Jewish Service 24 10:30 Step to the Beat 11:30 iN2L Explorations: "Piggy Bankers" 1:30 Live Entertainment: "Duane and Delores Perform" 3:00 Manicures & Hand Massages 3:30 Fun and Table Games 4:00 Mindful Mandalas 6:00 Netflix Movie</p>
<p>10:00 Sunday Worship 25 10:30 Sunday Stretch 11:00 Songs of the Heart 1:45 Live Entertainment: "Festive Sing Along w/Pete" 3:00 Afternoon Matinee: "White Christmas" 3:30 Short Stories Session 4:00 iN2L Trivia Collection 6:00 Reminisce: "Christmas Day"</p>	<p>10:00 Current Events 26 10:30 Sit and Be Fit Exercise 11:00 iN2L Explorations: "List It" 1:30 Live Entertainment: "Al Rosen Performs" 2:30 Finish the Phrase 3:30 Working with Watercolors 4:00 Golden Years Chair Yoga 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 27 10:30 Sit and Be Fit Exercise 11:00 Music Therapy Session w/Sarah 1:30 Live Entertainment: "Michael Leidig on Piano" 2:00 Fun and Table Games 3:00 Root Beer Float Social 3:30 "Last Word" 4:30 Mindful Mandalas 6:00 Reminisce: "Winter Season"</p>	<p>10:00 News and Chat 28 10:30 Wednesday Workout 11:00 Tap to Be Fit Tap Class 11:00 Music Therapy Session: "Melody with Meryl" 11:30 iN2L Explorations 1:30 Catholic Mass with Fr Sober 2:30 Pray the Rosary 3:30 Finish the Phrase 4:00 Short Stories Session 6:00 Sing Along with Suzie Q</p>	<p>10:00 News and Chat 29 10:30 Sit and Be Fit Exercise 11:30 iN2L Explorations: "Piggy Bankers" 1:30 Live Entertainment: "Josef Nocera Sings" 3:00 What Do You Know? 3:30 Manicures & Hand Massages 4:00 Tabletop Bowling 6:00 Hallmark Movie</p>	<p>10:00 News Scoop 30 10:30 Sit and Be Fit Exercise 10:30 Men's Cluster with Lori 1:30 Live Entertainment: "Songs of the Spirit w/David" 3:00 Fun and Table Games 3:30 Do Drop In Social Hour 4:00 Golden Years Chair Tai Chi 6:00 Tea and Talk Hour</p>	<p>9:00 iN2L: Live Jewish Service 31 10:30 Step to the Beat 11:30 iN2L Explorations 1:30 New Year's Eve Party with "Mike Dardis" 3:00 New Year's Eve Trivia 4:00 Mindful Mandalas 6:00 Netflix Movie 8:00 Watch Live: Dick Clark's New Year's Rockin' Eve"</p>