



# 2022 September Life Enrichment Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>In honor of National Assisted Living Week, please join our daily celebrations throughout the week of September 11<sup>th</sup> – 17<sup>th</sup>!</b></p>					
<p>10:00 Today's News 10:30 Sunday Services <b>11:00 Live Entertainment: "Ted Powers Performs"</b> <b>1:10 MLB: Red Sox vs Texas</b> <b>2:00 National Wildlife Day</b> 2:30 Afternoon Bingo 3:30 Sunday Apps &amp; Mocktails Social 4:30 Adult Coloring Pages 6:00 Sunday Evening Cinema</p> <p style="text-align: right;"><b>4</b></p>	<p>10:30 Morning Gathering 10:45 Daily Chronicle 11:15 Rise &amp; Shine Exercise 1:30 Community Walking Club <b>2:30 Happy Labor Day Social</b> <b>3:30 Afternoon Water Balloon Toss</b> 4:00 The Game Categories <b>4:10 MLB: Red Sox vs Tampa Bay</b> 4:30 History of Labor Day 6:00 Netflix Series Night</p> <p style="text-align: right;"><b>5</b></p>	<p>10:30 Morning Gathering <b>10:45 Balance Barre Fitness w/Lifelong</b> 11:15 Daily Chronicle 1:30 Community Walking Group <b>2:30 Live Entertainment: "Gina O'Donoghue Sings"</b> 3:30 Apps &amp; Mocktails Social 4:30 Word Within a Word 6:00 Classic TV Gathering</p> <p style="text-align: right;"><b>6</b></p>	<p>10:15 Morning Gathering <b>10:30 Yoga Class w/Suzzane</b> 11:30 Daily Chronicles 1:30 Community Walking Club <b>2:00 Try Not to Laugh</b> 2:30 Outing: Fall Foliage Trip 3:30 Manicures &amp; Hand Massages 4:00 You Be the Judge 6:00 Game Show Gathering <b>6:40 MLB: Red Sox vs Tampa Bay</b></p> <p style="text-align: right;"><b>7</b></p>	<p>10:15 Morning Gathering <b>10:30 Chaboom Chair Exercise</b> 11:30 Daily Chronicles 1:30 Community Walking Club <b>2:00 Let's Craft It</b> 3:30 Apps &amp; Mocktails Social <b>4:00 Football Kickoff Day</b> 4:30 Assorted Word Games 6:00 Relax &amp; Reminisce 7:00 Music and Relaxation Hour</p> <p style="text-align: right;"><b>1</b></p> <p style="text-align: center;"><b>Welcome to September Bash 5:00 – 7:00 Bridges at Pembroke First Annual Car Show 7:10 MLB: Red Sox vs Texas</b></p>	<p>10:30 Morning Gathering 10:45 Fitness with a Twist 11:15 Daily Chronicles 1:30 Community Walking Club <b>2:00 Bridges Floor Hockey</b> 2:30 Fun and Table Games <b>3:30 Afternoon Bingo</b> <b>4:00 Iced Tea &amp; Trivia</b> 6:00 Assorted Board Game Night <b>7:10 MLB: Red Sox vs Texas</b></p> <p style="text-align: right;"><b>2</b></p>	<p>10:30 Today's News 10:45 Music &amp; Motion 11:15 Daily Chronicle 1:30 Community Walking Club <b>2:00 Shipwreck Saturday</b> 2:30 Mindful Mandalas 3:30 Manicures &amp; Hand Massages <b>4:10 MLB: Red Sox vs Texas</b> 4:30 Assorted Word Games 6:00 Saturday Night Cinema</p> <p style="text-align: right;"><b>3</b></p>
<p><b>Happy Grandparent's Day</b> 10:30 Sunday Services <b>11:00 – 1:00 NALW: Bridges Annual Dog Show</b> 1:30 Community Walking Club <b>2:30 Live Entertainment: "Paul &amp; Kelsey Sing"</b> <b>3:30 Ice Cream Sundae Bar</b> 4:30 Evening Stroll 6:00 Sunday Night Cinema 7:00 Coffee and Chit Chat Hour</p> <p style="text-align: right;"><b>11</b></p>	<p><b>10:30 National Assisted Living Week Proclamation &amp; Donuts</b> <b>10:45 NALW: Bridges at Pembroke Joyful Moments</b> 11:15 Rise &amp; Shine Exercise <b>2:30 Live Entertainment: "Rick Walsh Sings"</b> 3:30 Afternoon Surprise Bingo <b>4:00 Superhero Day</b> 4:30 Evening Courtyard Stroll 6:00 Netflix Series Night</p> <p style="text-align: right;"><b>12</b></p>	<p>10:15 Morning Gathering <b>10:30 Live Entertainment: "Singing with Mike Dardis"</b> 11:30 Daily Chronicle <b>1:30 Balance Barre Fitness w/Lifelong</b> 2:30 Apps &amp; Mocktails Social <b>3:30 NALW: Tie-Dye Tuesday</b> 4:30 Word Within a Word 6:00 Classic TV Gathering</p> <p style="text-align: right;"><b>13</b></p>	<p>10:15 Morning Gathering <b>10:30 Yoga Class w/Suzzane</b> 11:30 Daily Chronicle <b>1:30 NALW: Wild West Wednesday</b> 2:30 Dancing with a Kick <b>3:30 NALW: An Afternoon Country Western Happy Hour</b> 4:00 Assorted Word Games 6:00 Game Show Gathering 7:00 Reading Series Group</p> <p style="text-align: right;"><b>14</b></p>	<p>10:15 Morning Gathering <b>10:30 Hollywood Days</b> 11:30 Daily Chronicles <b>1:30 NALW: Hollywood's Red Carpet</b> 2:00 Hollywood BINGO <b>2:30 Live Entertainment: "Mark Olsen Performs"</b> 3:30 Apps &amp; Mocktails Social 6:00 Relax &amp; Reminisce 7:00 Music and Relaxation Hour</p> <p style="text-align: right;"><b>15</b></p>	<p><b>10:30 Purple Out Friday</b> 10:45 Fitness with a Twist 11:15 Daily Chronicle <b>1:30 Entertainment w/Chris Carter</b> <b>2:30 Purple Mocktails Social</b> <b>3:30 NALW: Joyful Moments Show &amp; Tell Event</b> 4:00 Artwork Pages 6:00 Assorted Board Game Night 7:00 Netflix Series Night</p> <p style="text-align: right;"><b>16</b></p>	<p><b>10:30 Live Entertainment: "Eddie Dillon Performs"</b> 10:45 Music &amp; Motion 11:15 Daily Chronicle <b>12:00 – 2:30 – Joyful Moment Bash</b> 2:30 Crafter's Corner <b>3:30 Afternoon Matinee Social</b> 6:00 Saturday Night Cinema 7:00 Card Player's Club</p> <p style="text-align: right;"><b>17</b></p>
<p>10:00 Today's News 10:30 Sunday Services 11:15 Daily Chronicle <b>1:10 MLB: Red Sox vs Kansas City</b> <b>2:00 Afternoon Disco Party</b> 2:30 Afternoon Bingo 3:30 Sunday Apps &amp; Mocktails Social 4:30 Adult Coloring Pages 6:00 Sunday Evening Cinema 7:00 Coffee and Chit Chat Hour</p> <p style="text-align: right;"><b>18</b></p>	<p>10:30 Morning Gathering 10:45 Daily Chronicle 11:15 Rise &amp; Shine Exercise 1:30 Community Walking Club <b>2:30 Live Entertainment: "Singing with Frank Ryan"</b> <b>3:30 Oktoberfest Happy Hour</b> 4:00 The Game Categories 4:30 Assorted Word Games 6:00 Netflix Series Night</p> <p style="text-align: right;"><b>19</b></p>	<p>10:30 Morning Gathering <b>10:45 Balance Barre Fitness w/Lifelong</b> 11:15 Daily Chronicle 1:30 Community Walking Group 2:30 Name Ten Game <b>3:30 Afternoon Matinee Social</b> 4:30 Artwork Pages 6:00 Classic TV Gathering <b>6:40 MLB: Red Sox vs Cincinnati</b></p> <p style="text-align: right;"><b>20</b></p>	<p>10:15 Morning Gathering <b>10:30 Yoga Class w/Suzzane</b> 11:30 Daily Chronicle 1:30 Community Walking Club <b>2:00 Try Not to Laugh</b> 2:30 Outing: Fall Foliage Trip 3:30 Manicures &amp; Hand Massages 4:30 You Be the Judge <b>6:00 Live Entertainment: "An Evening w/Candida Rose"</b></p> <p style="text-align: right;"><b>21</b></p>	<p style="text-align: center;"><b>First Day of Autumn</b></p> <p>10:15 Morning Gathering <b>10:30 Live Entertainment: "Singing with Bill Burke"</b> 11:30 Daily Chronicle 1:30 Community Walking Group <b>2:00 Children's Illustration Discussion w/Mark</b> 3:30 Apps &amp; Mocktails Social 4:00 Assorted Word Games 7:00 Music and Relaxation Hour</p> <p style="text-align: right;"><b>22</b></p>	<p><b>10:30 Live Entertainment: "Harry French Sings"</b> 11:30 Daily Chronicle 1:30 Community Walking Club <b>2:00 Bridges Floor Hockey</b> 2:30 Fun and Table Games <b>3:30 Afternoon Bingo</b> <b>4:00 Refreshments &amp; Short Stories</b> 4:30 Evening Stroll 6:00 Assorted Board Game Night</p> <p style="text-align: right;"><b>23</b></p>	<p>10:30 Today's News 10:45 Music &amp; Motion 11:15 Daily Chronicle <b>1:05 MLB: Red Sox vs Yankees</b> <b>2:00 Documentary Hour: "Cruise Ship Day"</b> 2:30 Mindful Mandalas 3:30 Hand Massages &amp; Manicures 4:30 Assorted word Games 6:00 Saturday Night Cinema 7:00 Card Player's Club</p> <p style="text-align: right;"><b>24</b></p>
<p>10:00 Today's News 10:30 Sunday Services 11:15 Daily Chronicle 1:30 Community Walking Club <b>2:30 Live Entertainment: "Paul &amp; Kelsey Sing"</b> 2:30 Afternoon Bingo Hour 3:30 Sunday Apps &amp; Mocktails Social 4:30 Adult Coloring Pages 6:00 Sunday Evening Cinema</p> <p style="text-align: right;"><b>25</b></p>	<p><b>10:30 Live Entertainment: "Tom Kennedy Performs"</b> 11:30 Daily Chronicle 1:30 Community Walking Club 2:30 Fun and Table Games <b>3:30 Gilligan Island Day</b> 4:00 The Game of Categories 4:30 Assorted Word Games 6:00 Netflix Series Night <b>7:10 MLB: Red Sox vs. Baltimore</b></p> <p style="text-align: right;"><b>26</b></p>	<p>10:30 Morning Gathering <b>10:45 Balance Barre Fitness w/Lifelong</b> 11:30 Daily Chronicle 1:30 Community Walking Group 2:30 Name Ten Game 3:30 Outing: Fall Foliage Trip 4:00 What's Your Favorite Milk? <b>4:30 Backyard Bird Watching</b> 6:00 Classic TV Gathering</p> <p style="text-align: right;"><b>27</b></p>	<p>10:15 Morning Gathering <b>10:30 Yoga Class w/Suzzane</b> 11:30 Daily Chronicle 1:30 Community Walking Club <b>2:00 Try Not to Laugh</b> 2:30 Manicures &amp; Hand Massages <b>3:30 Won't You Be My Neighbor?</b> 4:00 You Be the Judge 4:30 Evening Stroll 6:00 Game Show Gathering</p> <p style="text-align: right;"><b>28</b></p>	<p>10:15 Morning Gathering 10:30 Heart Healthy Exercise 11:30 Daily Chronicle <b>1:05 MLB: Red Sox vs Baltimore</b> <b>2:00 Let's Craft It</b> 3:30 Apps &amp; Mocktails Social 4:00 Assorted Word Games <b>4:30 Frisbee Day</b> 6:00 Relax &amp; Reminisce 7:00 Music and Relaxation Hour</p> <p style="text-align: right;"><b>29</b></p>	<p>10:30 Morning Gathering 10:45 Fitness with a Twist 11:15 Daily Chronicle 1:30 Community Walking Club <b>2:00 Bridges Floor Hockey</b> 2:30 Fun and Table Games <b>3:30 Afternoon Bingo</b> 4:00 Evening Stroll 6:00 Assorted Board Game Night <b>7:07 MLB: Red Sox vs Toronto</b></p> <p style="text-align: right;"><b>30</b></p>	<p style="text-align: center;"><b>HAPPY BIRTHDAY</b></p> <p style="text-align: center;"><b>9/1 Eileen 9/15 Lou 9/18 Douglas</b></p>