

2022 September Life Enrichment Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>This year's National Assisted Living Week theme is 'Joyful Moments.' Throughout the week of September 11th – 17th, Bridges at Andover will be hosting a variety of programs to honor our staff, communities, residents and families by creating 'Joyful Moments' and special memories together. Please join our daily celebrations!</p>					
<p>10:30 Toss & Talk 4</p> <p>11:00 Sunday Service</p> <p>1:35 MLB: Red Sox vs Texas</p> <p>2:00 Afternoon Bingo Hour</p> <p>2:30 <i>Fun and Table Games</i></p> <p>3:30 iN2L Explorations</p> <p>4:00 Pictionary Hour</p> <p>6:00 Coffee and Chit Chat Hour</p> <p>7:00 Reading and Relaxation</p>	<p>10:00 Shuffle Toss Exercise 5</p> <p>11:00 Labor Day Learning</p> <p>11:30 Puzzle Enthusiast Group</p> <p>1:30 Community Stroll</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Working with Watercolors</p> <p>3:30 Fluff and Folders Club</p> <p>4:00 Namaste Wellness Chair Yoga</p> <p>6:00 Mind Scent</p> <p>7:00 Old Time Radio Show</p>	<p>10:00 Target Practice</p> <p>11:00 DIY Craft Hour: "Fall Canvas Painting" 6</p> <p>1:30 Who Wants to Be a Millionaire?</p> <p>2:30 Bridges Baking Club: "Banana Bread"</p> <p>3:30 Fun and Table Games</p> <p>4:00 Garden Weeding</p> <p>6:00 Broadway with iN2L</p> <p>7:00 Netflix Series Night</p>	<p>10:00 Horseshoe Toss</p> <p>11:00 Unlikely Animal Friends 7</p> <p>1:30 Rosary with Jenn</p> <p>2:00 Adult Coloring Group</p> <p>2:30 iN2L Explorations</p> <p>3:30 Word Puzzles and Brain Teasers</p> <p>4:00 Football Trivia</p> <p>6:00 Netflix Movie: Resident's Choice</p> <p>7:00 Classic TV Series</p>	<p>10:00 Morning Manicures</p> <p>11:00 September Trivia and IQ 1</p> <p>1:30 <i>Afternoon Manicures</i></p> <p>2:00 Mindful Mandalas</p> <p>2:30 Fun and Table Games</p> <p>3:30 Cross-Stitching</p> <p>4:00 Finish the Phrase</p> <p>6:00 Game Show Gathering</p> <p>7:00 Calm with Chamomile</p>	<p>10:00 Putting Practice</p> <p>11:00 Live Entertainment: "Singing with Josef" 2</p> <p>1:30 Puzzle Enthusiast Group</p> <p>2:30 Cooks in the Kitchen: "Root Beer Floats"</p> <p>3:30 Ingenuity at Work</p> <p>4:00 Namaste Wellness Chair Tai Chi</p> <p>6:00 Short Stories with iN2L</p> <p>7:00 Friday Night Flick</p>	<p>10:30 Inspirational Seniors</p> <p>11:00 Ring Toss 3</p> <p>1:30 Creative Art Class: "Dried Flower Creations"</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Card Player's Club</p> <p>3:30 Household Helpers</p> <p>4:00 Name That Tune</p> <p>6:00 Game Show Gathering</p> <p>7:00 Music and Relaxation Hour</p>
<p>10:30 Seated Soccer Exercise 11</p> <p>11:00 Sunday Service</p> <p>1:00 NFL: Patriots vs Dolphins</p> <p>1:30 NALW: Jewelry Making Hour</p> <p>2:30 Community Walking Club</p> <p>3:30 Backyard Bird Watching</p> <p>4:00 Scrabble Player's Club</p> <p>6:00 Coffee and Chit Chat Hour</p> <p>7:00 Reading and Relaxation</p>	<p>10:00 Frisbee Toss Exercise 12</p> <p>11:00 Collage Making Hour</p> <p>1:30 Community Stroll</p> <p>2:00 Mindful Mandalas</p> <p>2:30 NALW: Ice Cream Social</p> <p>3:30 Matchup: Famous Sayings</p> <p>4:00 Namaste Wellness Chair Yoga</p> <p>6:00 Audio Book of Choice</p> <p>7:00 Old Time Radio Show</p>	<p>10:00 Balance Barre Fitness with Lifelong 13</p> <p>11:00 Live Entertainment: "Singing with Mike"</p> <p>1:00 NALW: Resident Outing</p> <p>1:30 Chair Yoga with Anne</p> <p>2:30 Word Puzzles and Brain Teasers</p> <p>3:30 Reading Series Group</p> <p>4:00 Bingo Hour</p> <p>6:00 Poetry and Prose</p>	<p>10:00 Stars & Stripes Exercise 14</p> <p>11:00 Armchair Travel: Egypt</p> <p>1:30 Communion with Jenn</p> <p>2:00 NALW: Steps in Time Ballroom Dancing</p> <p>2:30 Adult Coloring Group</p> <p>3:30 List it! Word Game</p> <p>4:00 Green Thumb's Club</p> <p>6:00 Netflix Movie: Resident's Choice</p> <p>7:00 Classic TV Series</p>	<p>10:30 Art with Andrea 15</p> <p>11:00 NALW: Live Entertainment: "Piano by Mel"</p> <p>1:30 Green Thumb's Club</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Fun with MadLibs</p> <p>3:30 Afternoon Bingo Hour</p> <p>4:00 Finish the Lyrics</p> <p>6:00 Game Show Gathering</p> <p>7:00 Calm with Chamomile</p>	<p>10:00 Table Tennis</p> <p>11:00 Working w/Watercolors 16</p> <p>1:30 NALW: Cooks in the Kitchen: "Homemade Potato Chips"</p> <p>2:00 Adult Coloring Group</p> <p>2:30 iN2L Explorations: "This or That"</p> <p>3:30 Cross-Stitching</p> <p>4:00 Namaste Wellness Chair Tai Chi</p> <p>6:00 Short Stories with iN2L</p> <p>7:00 Friday Night Flick</p>	<p>10:30 The Daily Chronicle 17</p> <p>11:00 Polish Horseshoes</p> <p>1:30 NALW: Woodworking Class</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Armchair Travel: "Expedition Antarctica"</p> <p>3:30 Word Puzzles and Brain Teasers</p> <p>4:00 Adult Coloring Group</p> <p>6:00 Game Show Gathering</p> <p>7:00 Music and Relaxation Hour</p>
<p>10:30 Inspirational Kids 18</p> <p>11:00 Sunday Service</p> <p>1:00 NFL: Patriots @ Pittsburgh</p> <p>1:30 iN2L Explorations</p> <p>2:00 Afternoon Bingo Hour</p> <p>2:30 Word Puzzles and Brain Teasers</p> <p>3:30 Armchair Travel: Paris</p> <p>4:00 This or That</p> <p>6:00 Coffee and Chit Chat Hour</p>	<p>10:00 <i>Morning Manicures</i></p> <p>11:00 Live Entertainment: "Singing with Ted" 19</p> <p>1:30 List it! Word Game</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Short Game Golfing Session</p> <p>3:30 Finish the Lyrics</p> <p>4:00 Namaste Wellness Chair Yoga</p> <p>6:00 Dance with iN2L</p> <p>7:00 Old Time Radio Show</p>	<p>10:00 Balance Barre Fitness with Lifelong 20</p> <p>11:00 <i>Resident Outing</i></p> <p>1:30 Live Entertainment: "Sing Like a Bird Performs"</p> <p>2:30 Trivia Game of Choice</p> <p>3:30 Tell Me a Joke</p> <p>4:00 Card Player's Club</p> <p>6:00 Crosswords and Word Searches</p> <p>7:00 Netflix Series Night</p>	<p>10:00 Ladder Ball Toss</p> <p>11:00 Fireside Chat with Bob 21</p> <p>1:30 Creative Art Class: "Painting w/Everyday Objects"</p> <p>2:30 Bridges Baking Club: "Apple Tarts"</p> <p>3:30 Fluff and Folders Club</p> <p>4:00 Reminisce: Back to School</p> <p>6:00 Netflix Movie: Resident's Choice</p> <p>7:00 Classic TV Series</p>	<p>10:00 <i>Morning Manicures</i></p> <p>11:00 iN2L Explorations: "How Much Did it Cost?" 22</p> <p>1:00 <i>Afternoon Manicures</i></p> <p>1:30 Live Entertainment: "Dixieland Duo"</p> <p>2:30 <i>Adult Coloring Group</i></p> <p>3:30 Backyard Bird Watching</p> <p>4:00 You Be the Judge</p> <p>6:00 Game Show Gathering</p> <p>7:00 Coffee & Tea Chats</p>	<p>10:00 Croquet</p> <p>11:00 Fun and Table Games 23</p> <p>1:30 DIY Craft Hour: "Fall Wreaths"</p> <p>2:00 Adult Coloring Group</p> <p>2:30 Cooks in the Kitchen: "Pumpkin Cheesecake"</p> <p>3:30 Ingenuity at Work</p> <p>4:00 Namaste Wellness Chair Tai Chi</p> <p>6:00 Short Stories with iN2L</p> <p>7:00 Friday Night Flick</p>	<p>10:30 The Good News</p> <p>11:00 Bridges Baking Club: "Apple Crisp" 24</p> <p>1:30 Chair Dance with Nanci</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Seated Soccer Session</p> <p>3:30 Afternoon Bingo Hour</p> <p>4:00 Household Helpers</p> <p>6:00 Game Show Gathering</p> <p>7:00 Music and Relaxation Hour</p>
<p>10:30 Toss & Talk</p> <p>11:00 Sunday Service 25</p> <p>1:00 NFL: Patriots vs Baltimore</p> <p>1:30 Jewelry Making Hour</p> <p>2:00 Adult Coloring Group</p> <p>2:30 Community Walking Club</p> <p>3:30 Extraordinary Inventions</p> <p>4:00 Fun and Table Games</p> <p>6:00 Coffee and Chit Chat Hour</p> <p>7:00 Reading and Relaxation</p>	<p>10:00 10 – Pin Bowling</p> <p>11:00 Live Entertainment: "On the Piano with Billy" 26</p> <p>1:30 Community Walking Club</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Bridges Baking Club</p> <p>3:30 Backyard Bird Watching</p> <p>4:00 Namaste Wellness Chair Yoga</p> <p>6:00 Netflix Movie: Resident's Choice</p> <p>7:00 Old Time Radio Show</p>	<p>10:00 Sit and Be Fit Exercise</p> <p>11:00 Live Entertainment: "Singing with Doug" 27</p> <p>1:30 Chair Yoga with Anne</p> <p>2:30 Courtyard Stroll with Susan</p> <p>3:30 iN2L Explorations: "Family Feud"</p> <p>4:00 Name That Tune</p> <p>6:00 Getting to Know You</p> <p>7:00 Netflix Series Night</p>	<p>10:00 Sit & Be Fit Exercise</p> <p>11:00 iN2L Explorations 28</p> <p>1:30 Music & Movement with Steve</p> <p>2:00 Adult Coloring Group</p> <p>2:30 Resident Council Meeting</p> <p>3:30 5 Minute Science</p> <p>4:00 Trivia Game of Choice</p> <p>6:00 Netflix Movie: Resident's Choice</p> <p>7:00 Classic TV Series</p>	<p>10:30 Art with Andrea 29</p> <p>11:00 Live Entertainment: "Denise Doucette Performs"</p> <p>1:30 Book Club with Reshma</p> <p>2:00 Mindful Mandalas</p> <p>2:30 Manicures & Hand Massages</p> <p>3:30 Jewelry Making Hour</p> <p>4:00 Finish the Phrase</p> <p>6:00 Game Show Gathering</p> <p>7:00 Calm with Chamomile</p>	<p>10:00 Putting Practice</p> <p>11:00 Seasonal Crafting Class with Mikeila 30</p> <p>1:30 Horseshoe Toss</p> <p>2:00 <i>Sing Along with Susie Q</i></p> <p>2:30 Memories in the Kitchen</p> <p>3:30 Ingenuity at Work</p> <p>4:00 Namaste Wellness Chair Tai Chi</p> <p>6:00 Short Stories with iN2L</p> <p>7:00 Friday Night Flick</p>	<p>Please note that the Life Enrichment Calendar is subject to change.</p>