

2022 May Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 – This Day in History 10:45 – Sit and Be Fit Exercise 11:15 – Live Streaming of Catholic Mass 1:05 – MLB: Red Sox @ Orioles 2:00 – Funny Jokes and Comedy Hour 2:30 – Mindful Mandalas 3:30 – Manicures & Hand Massages 4:00 – Avid Reader's Corner 6:00 – Card Player's Club</p>	<p>10:30 – Morning Gathering 10:45 – This Day in History 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – In the Kitchen w/Life Enrichment: "Key Lime Pie Bars" 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – <i>Reminisce: Jack Benny Old Time Radio</i> 6:00 – Game Show Gathering</p>	<p>10:30 – Quote of the Day 10:45 – Be Well Fitness Class 11:15 – DIY Craft Hour: "A Gift for Our Teachers" 1:30 – Green Thumb's Club 2:00 – Are You Smarter Than a 5th Grader? 2:30 – Adult Coloring Group 3:30 – Trivia Tuesday Social Hour 6:00 – Word Puzzles and Brain Teasers 7:10 – MLB: Red Sox vs. Angels</p>	<p>10:30 – Learn Something New Today 10:45 – Sit and Be Fit Exercise 11:15 – Virtual Drawing Class: "How to Draw a Bird" 1:30 – Community Walking Club 2:00 – Traveling Down Memory Lane w/Michael 3:30 – Yoga Dancing Tai Chi w/Jan 4:00 – Manicures & Hand Massages 6:00 – Short Stories Session 7:10 – MLB: Red Sox vs. Angels</p>	<p>10:15 – Daily Chronicle 10:30 – Be Well Fitness Class 11:00 – Live Entertainment: "Tap Dancing w/Valery" 12:30 – Taco Bar Luncheon 1:35 – MLB: Red Sox vs. Angels 2:00 – In the Kitchen w/Life Enrichment: "Homemade Salsa" 3:30 – Thirsty Thursday Social Hour 6:00 – Reading and Relaxation Hour 7:00 – Composing to Classical</p>	<p>10:30 – Morning Gathering 10:45 – This Day in History 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – Live Performance: "Dan Kirouac Sings" 2:30 – Mindful Mandalas 3:30 – Reading Series Group 4:00 – Namaste Wellness Chair Tai Chi 6:00 – Puzzle Enthusiast Group 7:10 – MLB: Red Sox vs. White Sox</p>	<p>10:30 – Learn Something New Today 10:45 – Chair Fitness Exercise 11:15 – Documentary Hour: "Secretariat – A Racing Legend" 12:00 – 2:30 2022 Kentucky Derby Race 1:30 – Community Walking Club 2:00 – Place Your Bets Horse Racing 3:30 – Apps & Mocktails Social Hour 4:10 – MLB: Red Sox vs. White Sox 6:00 – Game Show Gathering</p>
<p>10:30 – Daily Chronicle 10:45 – Morning Stretch 11:15 – Mother's Day Spa and Pampering Session 11:35 – MLB: Red Sox vs. White Sox 1:30 – Community Walking Club 2:00 – Mother's Day Tea Party 2:30 – Mindful Mandalas 3:30 – Music and Relaxation Hour 6:00 – Mother's Day Movie Night</p>	<p>10:30 – Morning Gathering 10:45 – Daily Chronicle 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – In the Kitchen w/Life Enrichment: "Honey Apple Protein Wraps" 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – <i>Reminisce: Hello, Dolly!</i> 6:00 – Game Show Gathering 7:00 – Poetry and Prose</p>	<p>10:15 – Morning Gathering 10:30 – This Day in History 11:00 – Live Entertainment: "Denise Doucette Performs" 1:30 – Green Thumb's Club 2:00 – Creative Art Class: "Tea Dyed Paper Project" 3:45 – Music and Movement w/Steve 4:00 – Manicures & Hand Massages 6:00 – Word Puzzles and Brain Teasers 7:20 – MLB: Red Sox @ Braves</p>	<p>10:30 – Quote of the Day 10:45 – Be Well Fitness Class 11:15 – History in Review: "The Art of Norman Rockwell" 1:30 – Community Walking Club 2:00 – It's a Plant-a-palooza! 2:30 – Mindful Mandalas 3:30 – Yoga Dancing Tai Chi w/Jan 4:00 – Manicures & Hand Massages 6:00 – Short Stories Session 7:20 – MLB: Red Sox @ Braves</p>	<p>10:15 – Learn Something New Today 10:30 – Morning Stretch 11:00 – Ballroom Dancing w/Michael 1:30 – Green Thumb's Club 2:00 – DIY Craft Hour: "A Gift for Our Nurses" 2:30 – Adult Coloring Group 3:30 – Thirsty Thursday Social Hour 6:00 – Reading and Relaxation Hour 7:00 – Composing to Classical</p>	<p>10:30 – Morning Gathering 10:45 – Daily Chronicle 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – Table Tennis 2:30 – Mindful Mandalas 3:30 – Reading Series Group 4:00 – Namaste Wellness Chair Tai Chi 6:00 – Puzzle Enthusiast Group 7:00 – Friday Night Flick 8:05 – MLB: Red Sox @ Rangers</p>	<p>10:30 – Daily Chronicle 10:45 – Chair Fitness Exercise 11:15 – Armchair Travel: "Most Popular Cities in America" 1:30 – Afternoon Stroll 2:00 – Collage Making Hour 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 6:00 – Game Show Gathering 7:05 – MLB: Red Sox @ Rangers</p>
<p>10:30 – Learn Something New Today 10:45 – Move & Groove Exercise 11:15 – Live Streaming of Catholic Mass 1:30 – Community Walking Club 2:00 – Bridges Bowlers Club 2:35 – MLB: Red Sox @ Rangers 3:30 – Manicures & Hand Massages 4:00 – Avid Reader's Corner 6:00 – Card Player's Club 7:00 – Coffee and Chit Chat Hour</p>	<p>10:30 – Morning Gathering 10:45 – Learn Something New Today 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – In the Kitchen w/Life Enrichment: "Lemon Berry Parfait" 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – <i>Concert Series: Etta James</i> 6:00 – Game Show Gathering 7:10 – MLB: Red Sox vs. Astros</p>	<p>10:30 – Morning Gathering 10:45 – Daily Chronicle 11:15 – Spiritual Service with Chaplain John 1:30 – Green Thumb's Club 2:00 – Live Entertainment: "Chris Carter on Guitar" 2:30 – Adult Coloring Group 3:30 – Trivia Tuesday Social Hour 4:00 – Manicures & Hand Massages 7:10 – MLB: Red Sox vs. Astros</p>	<p>10:30 – This Day in History 10:45 – Sit and Be Fit Exercise 11:15 – Play Ball! w/Wendy 1:30 – Community Walking Club 2:00 – Live Performance: "An Afternoon w/Jason McPherson" 2:30 – Mindful Mandalas 3:30 – Yoga Dancing Tai Chi w/Jan 4:00 – Manicures & Hand Massages 6:10 – MLB: Red Sox vs. Astros 7:00 – Short Stories Session</p>	<p>10:30 – Quote of the Day 10:45 – Be Well Fitness Class 11:15 – Nature Photography Class 1:30 – Green Thumb's Club 2:00 – Live Entertainment: "Honky Tonk Piano w/Gary Landgren" 2:30 – Adult Coloring Group 3:30 – Thirsty Thursday Social Hour 6:00 – Reading and Relaxation Hour 7:10 – MLB: Red Sox vs. Mariners</p>	<p>10:30 – Morning Gathering 10:45 – Daily Chronicle 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – Resident Council Meeting 2:30 – Mindful Mandalas 3:30 – Reading Series Group 4:00 – Namaste Wellness Chair Tai Chi 6:00 – Puzzle Enthusiast Group 7:10 – MLB: Red Sox vs. Mariners</p>	<p>10:30 – Quote of the Day 10:45 – Chair Fitness Exercise 11:15 – Documentary Hour: "Amelia Earhart" 1:30 – Community Walking Club 2:00 – Cornhole Competition 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:10 – MLB: Red Sox vs. Mariners 6:00 – Game Show Gathering</p>
<p>10:30 – Quote of the Day 10:45 – Be Well Fitness Class 11:15 – Rosary and Singing Hymns 1:35 – MLB: Red Sox vs. Mariners 2:00 – Mr. Rogers' Neighborhood Marathon 3:30 – Manicures & Hand Massages 4:00 – Avid Reader's Corner 6:00 – Card Player's Club 7:00 – Coffee and Chit Chat Hour</p>	<p>10:30 – Morning Gathering 10:45 – Quote of the Day 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – In the Kitchen w/Life Enrichment: "Specialty Flatbread w/Bailey" 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – <i>Concert Series: Andy Williams</i> 6:00 – Game Show Gathering 7:00 – Poetry and Prose</p>	<p>10:30 – Morning Gathering 10:45 – Learn Something New Today 11:15 – Music and Movement w/Steve 1:30 – Green Thumb's Club 2:00 – Creative Art Class: "Cling Wrap Canvas" 3:30 – Apps & Mocktails Social Hour 4:00 – Manicures & Hand Massages 6:00 – Word Puzzles and Brain Teasers 8:10 – MLB: Red Sox @ White Sox</p>	<p>10:15 – Daily Chronicle 10:30 – Be Well Fitness Class 11:00 – Live Performance: "Mark Stanzler Sings" 1:30 – Community Walking Club 2:00 – History in Review: "The Race to Space" 3:30 – Yoga Dancing Tai Chi w/Jan 4:00 – Manicures & Hand Massages 6:00 – Short Stories Session 8:10 – MLB: Red Sox @ White Sox</p>	<p>10:30 – This Day in History 10:45 – Sit and Be Fit Exercise 11:15 – What's in the Bag w/Gloria 1:30 – Green Thumb's Club 2:00 – Live Entertainment: "Adam McCauley on Guitar" 3:30 – May Birthday Bash Social 6:00 – Reading and Relaxation Hour 7:00 – Composing to Classical 8:10 – MLB: Red Sox @ White Sox</p>	<p>10:30 – Morning Gathering 10:45 – Quote of the Day 11:15 – Mobility Plus w/CPTE 1:30 – Community Walking Club 2:00 – Drum Circle Session w/Tim Kane 2:30 – Mindful Mandalas 3:30 – Reading Series Group 4:00 – Namaste Wellness Chair Tai Chi 6:00 – Puzzle Enthusiast Group 7:10 – MLB: Red Sox vs. Orioles</p>	<p>10:30 – Learn Something New Today 10:45 – Morning Stretch 11:15 – Armchair Travel: "Famous Landmarks Around the World" 12:10 – MLB: Red Sox vs. Orioles 1:30 – Community Walking Club 2:00 – Bridges Bruins Floor Hockey 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – Reading Series Group 6:10 – MLB: Red Sox vs. Orioles</p>
<p>10:30 – This Day in History 10:45 – Sit and Be Fit Exercise 11:15 – Live Streaming of Catholic Mass 1:35 – MLB: Red Sox vs. Orioles 2:00 – Working with Watercolors 2:30 – Mindful Mandalas 3:30 – Manicures & Hand Massages 4:00 – Avid Reader's Corner 6:00 – Card Player's Club 7:00 – Coffee and Chit Chat Hour</p>	<p>10:30 – Morning Gathering 10:45 – This Day in History 11:15 – Memorial Day in Review 1:30 – Community Walking Club 2:00 – Live Performance: "Memorial Day Celebration w/Brian Kane" 2:30 – Adult Coloring Group 3:30 – Apps & Mocktails Social Hour 4:00 – <i>Patriotic Sing-a-Long</i> 6:00 – Game Show Gathering 7:10 – MLB: Red Sox vs. Orioles</p>	<p>10:30 – Quote of the Day 10:45 – Be Well Fitness Class 11:15 – Creative Art Class: "Scrapbooking Club" 1:30 – Green Thumb's Club 2:00 – Minute to Win It! 2:30 – Adult Coloring Group 3:30 – Trivia Tuesday Social Hour 4:00 – Manicures & Hand Massages 6:00 – Word Puzzles and Brain Teasers 7:10 – MLB: Red Sox vs. Reds</p>		<p>Remember - our fallen heros. They are the reason that we are free.</p>		<p>Jeannette D. 5/7 Francis S. 5/13 Doris Z. 5/16 Winnell F. 5/16 John L. 5/18 Roger M. 5/25</p>