

2021 November Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:30 – Today’s Gratitude Chat 10:45 – This Day in History 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Creative Art Class: “Broccoli Stamped Fall Tree” 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Game Show Gathering 7:00 – Netflix Series Night	10:30 – Today’s Gratitude Chat 10:45 – Be Well Fitness Class 11:15 – A Taste of Fall Cooking Class: “Cranberry Brie Bites” 1:30 – Community Walking Club 2:00 – Live Entertainment: “On the Piano with Mark Tavenner” 2:30 – Adult Coloring Group 3:30 – <i>Trivia Tuesday Social Hour</i> 6:00 – Music and Relaxation Hour	10:30 – Today’s Gratitude Chat 10:45 – Coordination & Conversation 11:15 – Craft Session: “Marble Fall Leaves” 1:30 – Community Walking Club 2:00 – On Your Marks Horse Racing Game 2:30 – Adult Coloring Group 3:45 – <i>Yoga Dancing Tai Chi w/Jan</i> 4:00 – <i>Concert Series: The Rolling Stones</i> 6:00 – Short Stories Session	10:30 – Today’s Gratitude Chat 10:45 – Be Well Fitness 11:15 – Feeding Our First Responders: “Homemade Lasagna” 1:30 – Community Walking Club 2:00 – Live Entertainment: “Valery the Tap Dancer” 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Manicures & Hand Massages</i> 6:00 – <i>Spa and Pampering Session</i>	10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Fall Floral Arrangement Class 2:30 – Mindful Mandalas 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Reminisce: The Holiday Season</i> 6:00 – Puzzle Enthusiast Group 7:00 – Friday Night Flick	10:30 – Today’s Gratitude Chat 10:45 – Be Well Fitness Class 11:15 – Top Saxophone Players of All Time 1:30 – Community Walking Club 2:00 – Afternoon Bingo Hour 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 6:00 – Classic Cartoon Collection Series 7:00 – Game Show Gathering
10:30 – Today’s Gratitude Chat 10:45 – Morning Stretch 11:15 – Live Streaming of Catholic Mass 1:00 – <i>NFL: NE Patriots @ Carolina Panthers</i> 1:30 – Community Walking Club 2:00 – Bridges Bowlers Club 2:30 – Adult Coloring Group 3:30 – <i>Manicures & Hand Massages</i> 4:00 – Avid Reader’s Corner 6:00 – Mindful Mandalas	10:30 – Today’s Gratitude Chat 10:45 – The Daily Chronicle 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Creative Art Class: “Maple Tree Leaf Globe” 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Game Show Gathering 7:00 – Netflix Series Night	10:30 – Today’s Gratitude Chat 10:45 – Move & Groove Exercise 11:15 – A Taste of Fall Cooking Class: “Turkey Peanut Butter Cup Cookies” 1:30 – Community Walking Club 2:00 – Music and Movement w/Steve 2:30 – Adult Coloring Group 3:30 – <i>Trivia Tuesday Social Hour</i> 6:00 – Music and Relaxation Hour	10:30 – Today’s Gratitude Chat 10:45 – Coordination & Conversation 11:15 – Craft Session: “Vintage Pumpkins” 1:30 – Community Walking Club 2:00 – Live Entertainment: “Singing with Brian Kane” 2:30 – Adult Coloring Group 3:45 – <i>Yoga Dancing Tai Chi w/Jan</i> 4:00 – <i>Concert Series: The Beach Boys</i> 6:00 – Short Stories Session	10:15 – Today’s Gratitude Chat 10:30 – Move & Groove Exercise 11:00 – Steps in Time Ballroom Dancing Class 1:30 – Community Walking Club 2:00 – Feeding Our First Responders: “Homemade Shepard’s Pie” 2:30 – Adult Coloring Group 3:30 – <i>Veteran’s Day Ceremony Social</i> 6:00 – <i>Spa and Pampering Session</i>	10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Live Entertainment: “On the Guitar with Bill Seguin” 2:30 – Mindful Mandalas 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Reminisce: Family Recipes</i> 6:00 – Puzzle Enthusiast Group 7:00 – Friday Night Flick	10:30 – Today’s Gratitude Chat 10:45 – Chair Fitness Exercise 11:15 – Fall Floral Arrangement Class 1:30 – Community Walking Club 2:00 – iN2L Explorations 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Classic Cartoon Collection Series 7:00 – Game Show Gathering
10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – Live Streaming of Catholic Mass 1:00 – <i>NFL: NE Patriots vs. Cleveland Browns</i> 1:30 – Community Walking Club 2:00 – Ladies Only Afternoon Tea Party 2:30 – Adult Coloring Group 3:30 – <i>Manicures & Hand Massages</i> 4:00 – Avid Reader’s Corner 6:00 – Mindful Mandalas	10:30 – Today’s Gratitude Chat 10:45 – Learn Something New Today 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Creative Art Class: “Fall Mason Jars” 2:30 – Adult Coloring Group 3:30 – <i>Taste Testing Party!</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Game Show Gathering 7:00 – Netflix Series Night	10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – Spiritual Service w/Chaplain John 1:30 – Community Walking Club 2:00 – Live Entertainment: “Nancy Day Entertains” 2:30 – Adult Coloring Group 3:30 – <i>Trivia Tuesday Social Hour</i> 6:00 – Music and Relaxation Hour	10:30 – Today’s Gratitude Chat 10:45 – Morning Stretch 11:15 – Craft Session: “Scarecrow Clay Pot” 1:30 – Community Walking Club 2:00 – Live Entertainment: “On the Guitar with Bill McCarthy” 2:30 – Adult Coloring Group 3:45 – <i>Yoga Dancing Tai Chi w/Jan</i> 4:00 – <i>Concert Series: Ray Charles</i> 6:00 – Short Stories Session	10:15 – Today’s Gratitude Chat 10:30 – Move & Groove Exercise 11:00 – Live Entertainment: “Eric Baldwin Performs” 1:30 – Community Walking Club 2:00 – Feeding Our First Responders: “Chicken Broccoli Ziti” 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Manicures & Hand Massages</i> 6:00 – <i>Spa and Pampering Session</i>	10:30 – Today’s Gratitude Chat 10:45 – Morning Stretch 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Fall Floral Arrangement Class 2:30 – Mindful Mandalas 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Reminisce: Family Road Trips</i> 6:00 – Puzzle Enthusiast Group 7:00 – Friday Night Flick	10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – On Your Marks Horse Racing Game 1:30 – Community Walking Club 2:00 – I Love Lucy Marathon Hour 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Classic Cartoon Collection Series 7:00 – Game Show Gathering
10:30 – Today’s Gratitude Chat 10:45 – Morning Stretch 11:15 – Live Streaming of Catholic Mass 1:30 – Community Walking Club 2:00 – iN2L Explorations 2:30 – Adult Coloring Group 3:30 – <i>Manicures & Hand Massages</i> 4:00 – Avid Reader’s Corner 6:00 – Mindful Mandalas	10:30 – Today’s Gratitude Chat 10:45 – Quote of the Day 11:15 – Live Entertainment: The Sound of Music w/Denise Doucette 1:30 – Community Walking Club 2:00 – Creative Art Class: “Festive Sock Turkey” 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Game Show Gathering 7:00 – Netflix Series Night	10:30 – Today’s Gratitude Chat 10:45 – Move & Groove Exercise 11:15 – A Taste of Fall Cooking Class: “Turkey Day Dessert Prep” 1:30 – Community Walking Club 2:00 – Music and Movement w/Steve 2:30 – Adult Coloring Group 3:30 – <i>Trivia Tuesday Social Hour</i> 6:00 – Music and Relaxation Hour	10:30 – Today’s Gratitude Chat 10:45 – Coordination & Conversation 11:15 – Craft Session: “Turkey Day Centerpieces” 1:30 – Community Walking Club 2:00 – Live Entertainment: “Singing with Josef Nocera” 2:30 – Adult Coloring Group 3:45 – <i>Yoga Dancing Tai Chi w/Jan</i> 4:00 – <i>Concert Series: The Beatles</i> 6:00 – Short Stories Session	10:30 – Today’s Gratitude Chat: “What are you Thankful for?” 10:45 – Move & Groove Exercise 11:15 – Turkey Day Bingo Hour 12:30 – Thanksgiving Day Dinner Celebration 1:30 – Community Walking Club 2:00 – Afternoon Matinee: “Beethoven” 3:30 – <i>Apps & Mocktails Social Hour</i> 6:00 – Music and Relaxation Hour	10:15 – Today’s Gratitude Chat 10:30 – Be Well Fitness Class 11:00 – Live Entertainment: “Adam McCauley Performs” 1:30 – Community Walking Club 2:00 – Fall Floral Arrangement Class 2:30 – Mindful Mandalas 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Reminisce: Shopping on Black Friday</i> 6:00 – Puzzle Enthusiast Group 7:00 – Friday Night Flick	10:30 – Today’s Gratitude Chat 10:45 – Move & Groove Exercise 11:15 – Documentary Hour: “Inventions That Changed the World” 1:30 – Community Walking Club 2:00 – Bridges Bowlers Club 2:30 – Adult Coloring Group 3:30 – <i>Apps & Mocktails Social Hour</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Classic Cartoon Collection Series 7:00 – Game Show Gathering
10:30 – Today’s Gratitude Chat 10:45 – Sit and Be Fit Exercise 11:15 – Live Streaming of Catholic Mass 1:00 – <i>NFL: NE Patriots vs. Tennessee Titans</i> 1:30 – Community Walking Club 2:00 – Afternoon Bingo Hour 2:30 – Adult Coloring Group 3:30 – <i>Manicures & Hand Massages</i> 4:00 – Avid Reader’s Corner 6:00 – Mindful Mandalas	10:30 – Today’s Gratitude Chat 10:45 – This Day in History 11:15 – <i>Mobility Plus w/CPTe</i> 1:30 – Community Walking Club 2:00 – Memory Lane Show w/Michael 2:30 – Adult Coloring Group 3:30 – <i>November Birthday Bash Social</i> 4:00 – <i>Fitness Made Fun</i> 6:00 – Game Show Gathering 7:00 – Netflix Series Night	10:30 – Today’s Gratitude Chat 10:45 – Be Well Fitness Class 11:15 – A Taste of Fall Cooking Class: “Apple Stuffed Cinnamon Rolls” 1:30 – Community Walking Club 2:00 – Resident Council Meeting 2:30 – Adult Coloring Group 3:30 – <i>Trivia Tuesday Social Hour</i> 6:00 – Music and Relaxation Hour				Susan M. 11/2 Phyllis D. 11/6 Richard D. 11/11 Connie F. 11/12 Clare B. 11/16 Jean P. 11/21 Juliana W. 11/27