

# 2021 October Activity Calendar



| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|--|---|---|---|---|
| <br>10:00a Sunday Worship- T.V. <b>3</b><br>10:30a Sunday Stretch<br>11:00a Hymn Sing<br>1:45p <b>Paul &amp; Kelsey Perform</b><br>3:05 p <b>Red Sox v. Nat'l's</b><br>3:30p Table Top Curling<br>4:00p Pencil Art<br>6:00 Music & Memories | <b>We</b><br>10:00a News & Chit Chat<br>10:30a "Move-it" Monday <b>4</b><br>11:00a Nails, Hand Massage<br>11:00a Aqua Paints / Watercolor<br>2:00p Ring Toss/Game Circle<br>2:30p (new) <b>Drum Circle</b><br>4:00p Bullseye Game household<br>6:00p Classic TV Show               | <b>Love</b><br>10:00a News & Chit Chat<br>10:15a Walking Club <b>5</b><br>11:00a <b>Fitness Fun</b><br>11:00a Fall Flower Arranging<br>1:30p <b>ZUMBA</b> w/MaryEllen<br>2:00p Color Sorting<br>3:30p Game of Curling<br>4:00p <b>Halloween Poems -Catherine</b><br>6:00p Netflix Movie Choice | <b>Fall</b><br>10:00a News & Chit Chat<br>10:30a Step to the Beat <b>6</b><br>10:30a <i>Walks &amp; Talks</i><br><b>1:30 Pumpkin Cookie Decorating</b><br>3:45p Word Game Wed.<br>4:00p Sing-A-Long MarySue<br>6:00 Music & Memories                                      | <b>Most of All!</b><br>10:00a News & Chit Chat<br>10:30a <b>Tom Madden Performs</b> <b>7</b><br>11:00a Chicken Soup for Soul<br>1:30p Leaf Peep <b>Bus Trip- The Hale Trail - High St.</b><br>2:00p Puzzle Choice<br>3:45p On Household Story Hour<br>4:00p Color Me Calm<br>6:00p Music & Memories | <b>1</b><br>10:00a News & Chit Chat<br>10:30a Sit & Stretch<br>11:00a Puzzle Choice / Games<br>1:45p <b>Duane &amp; Delores Perform</b><br>2:00p IN2L Dance<br>3:45p Prize B-I-N-G-O<br>4:00p Fall Pencil Art<br>6:00p Netflix Evening Movie          | <b>2</b><br>10:00a News & Chit Chat<br>10:30a Fitness Fun-David<br>1:30p Bullseye Game (households)<br>3:410p Documentary<br>4:05p <b>Red Sox v. Nat'l's</b><br>6:00p Classic TV                    |
| 10:00a Sunday Worship-TV<br>10:30a Sunday Stretch <b>10</b><br>11:00a Hymn Sing<br>1:00p <b>Patriots v Texans</b><br>1:45p <b>Al Rosen Performs</b><br>3:30p Biography: William Holden – the Golden Boy<br>6:00p Netflix Choice  | <b>Columbus Day</b><br>10:00 News & Chit Chat <b>11</b><br>10:30a "Move-it" Monday<br>11:00a Men's Club w/David (cards)<br>11:00a Armchair Travel w/Gina<br>1:30p Putt Putt Golf Game<br>2:00p Pencil Art Fall Pages<br>3:30p Trivia Fun (On Households)<br>6:00p Mindful Mandalas | 10:00a News & Chit Chat<br>10:30a Walking Club <b>12</b><br>11:00a Coffee /Conversation<br>11:00p <b>CHABOOM</b> w/Mary<br>1:30p (new) Air Hockey Game<br>2:00p Nails/Hand Massage<br>3:40 Lea Salonga in Concert Youtube<br>4:00p Color Me Calm<br>6:00p Mindful Mandalas                     | 10:00a News & Chit Chat<br>10:30a <b>John Clark – Great Ladies of Song II</b> <b>13</b><br>11:00a IN2L Classic TV<br><b>1:30p Bus Trip-Coffee &amp; Pastry</b><br>2:00p Dobber Painting<br>3:45p Balloon Volleyball<br>4:00p Patio Walk & Trivia<br>6:00p Music w/Susie Q | 10:00a News & Chit Chat<br>10:30a Barre Balance <b>14</b><br>11:00p Pumpkin Pencil Art<br>1:45p <b>Elle B Performs</b><br>2:00p Dough Molding<br>3:45p Karaoke & Cider Mocktails<br>4:00p Color Me Calm<br>6:00 Netflix Movie   | 10:00a News & Chit Chat<br>10:30a Stretch Exercise <b>15</b><br>11:00a Color Sorting<br>2:00p <b>Valery M. Tap Dancing</b><br>3:45p <b>Halloween BINGO</b><br>4:00p Fall Flower Arranging<br>6:00p IN2L Nature Relax                                  | 10:00a News & Chit Chat<br>10:30a Fitness Fun-David <b>16</b><br>11:00 Color Me Calm<br>1:30p Horse Race Game (households)<br>3:40p Songs That Inspired The Greatest Generation<br>6:00p Classic TV |
| 10:00a Sunday Worship-TV <b>17</b><br>10:30a Sunday Stretch<br>11:00a Hymn Sing<br>1:45p <b>Steve King Performs</b><br>3:30p Documentary:<br>4:00p Aqua Paints<br>4:25p <b>Patriots v. Cowboys</b><br>6:00p Music Memories   | 10:00a News & Chit Chat<br>10:30a "Move-it Monday" <b>18</b><br>11:00a Massage & Manicures<br>11:00a Flower Arranging   Art<br>1:30p Make&Take "Mummy" Pizzas<br>2:00p Color Sorting<br>3:45p Resident Council/Trivia Fun (on households)<br>6:00p Sing w/Susie Q                  | 10:00a News & Chit Chat<br>10:15a Walking Club <b>19</b><br>11:00a Sorting Colors<br>11:00a <b>Fitness Fun</b><br>1:30p <b>ZUMBA</b> w/MaryEllen<br>2:00p Stringing Beads<br>3:30 Baking Group – All Things Fall<br>4:00p Card Games<br>6:00p Netflix Movie Choice                             | 10:00a News & Chit Chat<br>10:30a Chair Yoga <b>20</b><br>10:30a <i>Fall Art w/Gina</i><br><b>1:15p Bus Trip/Coffee &amp; Pastry</b><br>2:00p What's In The Box Game<br>3:30p Word Game Wednesday<br>4:00p Walk & Trivia<br>6:00p Mindful Mandalas                        | 10:00a News & Chit Chat<br>10:30a <b>Bill Burke Performs</b> <b>21</b><br>11:00p Game/Puzzle Choice<br>1:15p Leaf Peep <b>Bus Trip Lowell Woods</b><br>2:00p IN2L Travel<br>3:45p Driving Simulator IN2L<br>4:00p <b>Smores &amp; More w/Nicole</b><br>6:00 Mindful Mandalas                        | 10:00a News & Chit Chat<br>10:30a Scarves & Stretch <b>22</b><br>11:00a Coffee & News Chat<br>2:30p <b>Deb Block - Grease</b><br>2:00p IN2L Dance<br>3:45p Movie Matinee<br>4:00p Hand Soak & Massage<br>6:00p IN2L Nature Relax                      | 10:00a News & Chit Chat<br>11:00 Pumpkin Pencil Art <b>23</b><br>1:45p <b>Tappin Ted Performs</b><br>3:40p Sinatra In Palm Springs Movie Afternoon<br>6:00p IN2L Nature Relax                       |
| 10:00a SundayWorship TV. <b>24</b><br>10:30a Sunday Stretch<br>11:00a Hymn Sing<br>1:00p <b>Patriots v. Jets</b><br>1:45p <b>Music Performance</b><br><b>3:30p Biography Audrey Hepburn</b><br>4:00p Music Memories<br>6:00p Classic TV  | 10:00a News & Chit Chat<br>10:30a "Move-it Monday" <b>25</b><br>11:00a Massage & Manicures<br>11:00a Table Top Bowling<br>1:45p <b>Rob Natoli Performs</b><br>2:00p Favorite Games<br>3:45p Sound of Music Sing-A-Long<br>4:00p Short Stories<br>6:00p Music Memories              | 10:00a News & Chit Chat<br>10:30a Walking Club <b>26</b><br>11:00a IN2L Travel Tuesday<br>11:00a <b>CHABOOM</b> w/Mary<br>1:30p Painting Rock Pumpkins<br>2:00p Aqua Paints<br>3:30p Wii Bowling<br>4:00p Read, Chat, Trivia<br>6:00p Classic TV Choice  | 10:00a News & Chit Chat<br>10:30a Chair Yoga <b>27</b><br>10:30a <i>Ball Toss Game/Gina</i><br><b>1:15p Bus Trip/Coffee &amp; Pastry</b><br>2:00p Short Story Hour<br>3:30p Word Game Wednesday<br>4:00p Walk & Trivia<br>6:00p Netflix Movie Choice                      | 10:00a News & Chit Chat<br>10:30a Halloween Barr Exercise <b>28</b><br>11:00a Pumpkin Dough Molding<br>1:45 <b>Mark Davis Performs</b><br>2:00p Bingo Dabber Painting<br>3:45p Driving Simulator IN2L<br>4:00p Fall Flower Arranging<br>6:00p Mindful Mandalas                                      | 10:00a News & Chit Chat<br>10:30a <b>Monster Mash Exercise</b> <b>29</b><br>11:00a News Chat & Coffee<br>2:00p IN2L Dance<br>2:30p <b>Harmonies of Halloween</b><br>3:40p Putt Putt Golf Game<br>4:00p Hand Soak & Massage<br>6:00p IN2L Nature Relax | 10:00a News & Chit Chat<br>10:30a Fitness Fun-David <b>30</b><br>1:30p (new) Air Hockey Game<br>3:40p Scary Movie Afternoon w/Popcorn<br>6:00p Classic TV   |
| 10:00a SundayWorship TV. <b>31</b><br>10:30a Sunday Stretch<br>11:00a Hymn Sing<br>1:45p <b>Steve King Performs</b><br><b>3:30p Halloween Ten Pin Social</b><br>4:00p Pencil Art<br>4:05p <b>Patriots v. Chargers</b><br>6:00p Tabletop Puzzle   |  | <b>Barn Babies Coming This Month for a Visit – Date/Time TBD!!</b>   |    | <b>October Birthdays!</b><br>Charles (Dick) M. 10/1<br>Bernadette 10/1<br>Josephine J. 10/2<br>Phyllis B. 10/18<br>Cathy C. 10/23<br>Martha L. 10/27  | <b>A Jewish Faith Music Program Coming this fall and other Interfaith Services for our residents – will advise soon on days/times.</b>  | <b>Calendar Subject to Change</b>   |